

# Descutan®

In order to minimise the risk of infection in the surgical incision, you should wash your whole body and hair before the operation three times (double shower) with the antiseptic skin cleansing product Descutan®.

Descutan® requires no prescription and is on sale at pharmacies. Ask for the Descutan® home wash pack (Art. no. 10 18 05) at your pharmacy. The Descutan® home wash pack contains all you need for two double showers.

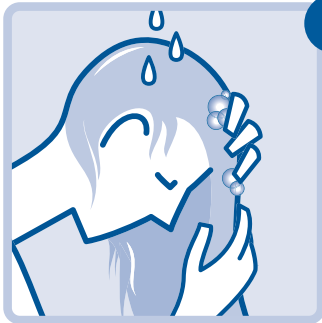
The normal procedure is two initial double showers at home and a last one at the hospital. See washing instructions on the back of this leaflet.

There is more information inserted in the packaging.



ATC D08AC02 Rx EF

# Double Shower - what is it?



**1** Wash your hair with the soap solution in the bag.

**NB!** Do not use Descutan® in the auditory canal - cotton wadding is recommended. Avoid contact with your eyes.



**2** Open the sponge package and fill with water to moisten the sponge. Wash your body thoroughly.

- On your face be careful around the nose.
- On your torso pay special attention to your armpits and navel.
- On your lower trunk, legs and feet pay special attention to your genitals and groin.

Rinse your whole body with water.



**3** Take a new sponge and soap solution and repeat the entire wash one more time.

Dry your body with a clean towel. Put on clean clothes. Put clean sheets on your bed.

**Double shower twice at home before your operation.**