

FRESUBIN® 2KCAL FIBRE MINI DRINK

DESCRIPTION

A flavoured liquid consisting of protein (milk), carbohydrate (maltodextrin and sucrose) vegetable oils (rapeseed and sunflower oils), fibre (inulin, wheat dextrin and cellulose), minerals, vitamins and trace elements.

PRESENTATION

Fresubin® 2kcal Fibre Mini Drink is a high energy, nutritionally complete sip feed containing fibre. Fresubin® 2kcal Fibre Mini Drink is ready to use and presented in 125ml bottle. Fresubin® 2kcal Fibre Mini drink is available in a choice of 2 flavours: Chocolate and Vanilla. Lactose and gluten free

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED
NOT SUITABLE FOR INFANTS UNDER ONE YEAR OF AGE

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS OF AGE

INDICATIONS FOR USE

Fresubin® 2kcal Fibre Mini Drink is prescribable on FP10/GP10 for the following indications: for the dietary management of short bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, patients with proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulae, continuous ambulatory peritoneal dialysis (CAPD), haemodialysis and disease related malnutrition.

DOSEAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide: 5 x 125ml bottles per day will provide 62.5g protein, 1250 kcal and meet requirements for all essential micronutrients* (excluding electrolytes).

* Dietary Reference Values for food, energy and nutrients for the UK, DH 1991.

STORAGE

Store in a cool place, do not store above 25°C.
Once opened, can be stored for up to 24 hours in a refrigerator.

PACK SIZE

4 x 125ml bottles

SHELF LIFE

15 months from date of manufacture.

COUNTRY OF DATA ORIGIN

Germany

ORDER CODE

Chocolate: 7021801
Vanilla: 7034801

ENERGY DISTRIBUTION

Chocolate

Protein 20%, Fat 35%, Carbohydrate 43.4%, Fibre 1.6%

Vanilla

Protein 20%, Fat 35%, Carbohydrate 43.5%, Fibre 1.5%

INGREDIENTS

VANILLA FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, flavouring, wheat dextrin, potassium citrate, emulsifiers (soya lecithin, E 471), sodium chloride, potassium carbonate, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₁₂, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

CHOCOLATE FLAVOUR

Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), cocoa powder (fat reduced), maltodextrin, potassium citrate, flavouring, emulsifiers (soya lecithin, E 471), sodium chloride, sodium carbonate, vit. C, stabilisers (E 460, E 466, E 407), potassium carbonate, iron pyrophosphate, magnesium oxide, niacin, zinc sulphate, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₁₂, sodium fluoride, vit. B, β-carotene, vit. A, folic acid, potassium iodine, chromium chloride, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Date of Preparation:
June 2018

NUTRITIONAL COMPOSITION	Per 100ml	Per 125ml
ENERGY kcal (kJ)	200(840)	250(1050)
PROTEIN g	10	12.5
NITORGEN g	1.6	2
CARBOHYDRATE g	21.7 ¹ , 21.8	27.1 ¹ , 27.3
Of which sugars g	5.8 ¹ - 5.9	7.25 ¹ -7.38
Of which lactose g	≤0.3	≤0.38
FAT g	7.8	9.75
Of which saturated fatty acids g	0.6, 0.7 ¹	0.75, 0.88 ¹
Of which monounsaturated fatty acids g	5.8	7.25
Of which polyunsaturated fatty acids g	1.4	1.75
FIBRE g	1.5, 1.6 ¹	1.88, 2.0 ¹
SALT g	0.15	0.3
WATER ml	68, 70 ¹	85, 87.5 ¹
OSMOLARITY mosmol/l		590 ¹ -595
OSMOLALITY mosmol/kg H ₂ O		850 ¹ -870

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 125ml
SODIUM mg (mmol)	60 (2.6)	75 (3.25)
POTASSIUM mg (mmol)	160(4.1)	200 (5.1)
CHLORIDE mg (mmol)	80 (2.3)	100 (5.75)
CALCIUM mg (mmol)	60 (1.7) ¹	75 (2.1) ¹
PHOSPHORUS mg (mmol)	205(5.1)	256.2 (6.4)
MAGNESIUM mg (mmol)	120 (3.9)	150 (4.9)
IRON mg	16 (0.7)	20 (0.9)
IRON mg	2.5	3.1
ZINC mg	1.6	2.0
COPPER µg	375	468.7
MANGANESE mg	0.5	0.6
IODINE µg	375	46.9
CHROMIUM µg	12.5	15.6
MOLYBDENUM µg	18.8	23.5
FLUORIDE mg	0.25	0.3
SELENIUM µg	13.5	16.9

VITAMINS	Per 100ml	Per 125ml
VITAMIN A µgRE	150	187.5
BETA-CAROTENE µg	375	468.7
VITAMIN D µg	2.5	3.1
VITAMIN E mgαTE	3.75	4.69
VITAMIN K µg	21	26.25
VITAMIN B₁ mg	0.3	0.38
VITAMIN B₂ mg	0.4	0.5
NIACIN mgNE	3.75	4.69
VITAMIN B₆ mg	0.43	0.54
VITAMIN B₁₂ µg	0.75	0.94
PANTOTHENIC ACID mg	1.5	1.88
BIOTIN µg	9.4	11.75
FOLIC ACID µg	62.5	78.1
VITAMIN C mg	18.8	23.5

TYPICAL FATTY ACID PROFILE	g Per 100ml	
	CHOC	VAN
C14:0 Myristic acid	0.01	0.01
C16:0 Palmitic acid	0.36	0.34
C18:0 Stearic acid	0.25	0.22
C18:1w9 Oleic acid	5.5	5.53
C18:2w6 Linoleic acid	1.09	1.11
C18:3w3 a-Linolenic acid	0.26	0.27

TYPICAL AMINO ACID PROFILE	g Per 100ml	
ESSENTIAL	CHOC	VAN
Lysine	0.83	0.84
Threonine	0.46	0.46
Methionine	0.28	0.29
Phenylalanine	0.52	0.52
Tryptophan	0.14	0.14
Valine	0.72	0.73
Leucine	0.99	1.01
Isoleucine	0.56	0.57

CONDITIONALLY ESSENTIAL		
Tyrosine	0.56	0.57
Cysteine	0.05	0.05
Taurine	-	-
Histidine	0.29	0.30
Arginine	0.37	0.37
Glutamine	0.91	0.94

NON-ESSENTIAL		
Glycine	0.19	0.19
Alanine	0.33	0.33
Proline	1.01	1.03
Serine	0.61	0.62
Glutamic acid	1.28	1.28
Aspartic acid and Asparagine	0.91	0.92

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml	
	VAN	CHOC
Glucose	0.47	0.46
Fructose	0.06	0.04
Maltose	1.96	1.97
Saccharose	3.06	3.05
Lactose	≤0.3	≤0.3
Oligo-/polysaccharides	15.9	15.73
Starch	0.0	0.16

1. Chocolate Flavour

VAN - Vanilla

CHOC - Chocolate