

Freka® Percutaneous Endoscopic Gastrostomy (PEG)

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a Freka® PEG (percutaneous endoscopic gastrostomy), placed endoscopically into the stomach.
- The area where the tube enters the stomach is called the stoma site.

> Initial Care:*

- A keyhole dressing may be applied and the stoma site can be cleaned, as per hospital policy.
- If the external fixator requires adjusting, this should be undertaken by a healthcare professional.
- Water/feed is usually commenced 6-12 hours after placement. Refer to individual feeding regimen.
- If patient complains of pain, or there is localised swelling, stop feeding and report to your local healthcare professional.
- Flush tube 4-6 hourly with water (as per local/hospital policy). This does not need to be done through the night.

> Daily Care:

After the tube has been in place for 10 days and the stoma site has healed, you should begin to follow the daily aftercare:

- Clean stoma site daily with mild soap and water. Ensure adequate drying.
- Observe stoma site daily for leakage, swelling, redness or inflammation - report any problems to your local healthcare professional. Some clear fluid may be present, this is normal.
- Flush tube with water (as per local/hospital policy) before, during and after enteral feed and medications.
- **Do not** use dressings unless clinically indicated.
- If tube becomes blocked use warm water/ carbonated water/soda water and refer to local policy where applicable.
- **Do not** flush tube using force. If tube remains blocked inform your local healthcare professional.
- **Do not** put anything down the tube other than feed, water and medication in liquid form.
- Advance tube 3-4cm and rotate 360° once a day.
- Once stoma tract has healed, fixation device can be moved for cleaning. However, it should be returned back to its original position (approx 1cm away from skin) to prevent migration/movement.

* until site is healed, approximately 7-10 days

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