



Fresubin[®]
PRO COMPACT
Drink

Daily activity tracker



Daily activity tracker - Week 1

Have you included your prescribed ONS* in to your routine today?

	Strength	Flexibility	Balance	😊	😐	😞	ONS*
Monday	●	●	●				
Tuesday	●	●	●				
Wednesday	●	●	●				
Thursday	●	●	●				
Friday	●	●	●				
Saturday	●	●	●				
Sunday	●	●	●				

My Progress

Notes

Daily activity tracker - Week 2

Have you included your prescribed ONS* in to your routine today?

	Strength	Flexibility	Balance	😊	😐	😞	ONS*
Monday	●	●	●				
Tuesday	●	●	●				
Wednesday	●	●	●				
Thursday	●	●	●				
Friday	●	●	●				
Saturday	●	●	●				
Sunday	●	●	●				

My Progress

Notes

Daily activity tracker - Week 3

Have you included your prescribed ONS* in to your routine today?

	Strength	Flexibility	Balance	😊	😐	😞	ONS*
Monday	●	●	●				
Tuesday	●	●	●				
Wednesday	●	●	●				
Thursday	●	●	●				
Friday	●	●	●				
Saturday	●	●	●				
Sunday	●	●	●				

My Progress

Notes

* Oral Nutritional Supplements (ONS) prescription

Daily activity tracker - Week 4

Have you included your prescribed ONS* in to your routine today?

	Strength	Flexibility	Balance	😊	😐	😞	ONS*
Monday	●	●	●				
Tuesday	●	●	●				
Wednesday	●	●	●				
Thursday	●	●	●				
Friday	●	●	●				
Saturday	●	●	●				
Sunday	●	●	●				

My Progress

Notes

* Oral Nutritional Supplements (ONS) prescription

Daily activity tracker - Week 5

Have you included your prescribed ONS* in to your routine today?

	Strength	Flexibility	Balance	😊	😐	😞	ONS*
Monday	●	●	●				
Tuesday	●	●	●				
Wednesday	●	●	●				
Thursday	●	●	●				
Friday	●	●	●				
Saturday	●	●	●				
Sunday	●	●	●				

My Progress

Notes

Daily activity tracker - Week 6

Have you included your prescribed ONS* in to your routine today?

	Strength	Flexibility	Balance	😊	😐	😞	ONS*
Monday	●	●	●				
Tuesday	●	●	●				
Wednesday	●	●	●				
Thursday	●	●	●				
Friday	●	●	●				
Saturday	●	●	●				
Sunday	●	●	●				

My Progress

Notes

*Supporting you
on your journey...*

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For further information on
Fresubin[®] PRO COMPACT Drink
please visit our online patient resources



<https://www.fresenius-kabi.com/ie/for-patients/nutritional-support/fresubin--pro-compact-drink--patient-resources>



Fresubin[®] PRO COMPACT Drink is a food for special medical purposes, to be used under medical supervision.



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