

FRESUBIN® 5KCAL SHOT



DESCRIPTION

A high energy liquid fat emulsion with long and medium chain triglycerides. Consisting of fat (rapeseed oil and MCT) and carbohydrate (sucrose).

PRESENTATION

Fresubin® 5kcal Shot is a high calorie (5.0 kcal/ml), oral nutritional supplement (fat emulsion) with long and medium chain triglycerides.

Fresubin® 5kcal Shot is a Food for Special Medical Purposes, ready to use and presented in a 120ml EasyBottle.

It is available in two flavours: Neutral and Lemon. Lactose and gluten free.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY  
NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED  
NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OF AGE

PRECAUTIONS

SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION  
NOT SUITABLE AS A SOLE SOURCE OF NUTRITION  
INTAKE SHOULD NOT EXCEED 50% OF PATIENTS' TOTAL ENERGY NEEDS

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy needs or low volume tolerance.

Fresubin® 5kcal Shot is a Food for Special Medical Purposes.  
Fresubin® 5kcal Shot is prescribable on FPI0/GPI0 for the following indications: Disease related malnutrition, malabsorption states and other conditions requiring fortification with a high fat supplement.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.  
As a guide: For supplementary nutrition: 3-4 x 30ml per day will provide (450 – 600 kcal).

STORAGE

Store in a cool place, do not store above 25°C.  
Once opened, can be stored for up to 14 days in a refrigerator.

PACK SIZE

4 x 120ml.

SHELF LIFE

12 months.

ENERGY DISTRIBUTION

Protein 0%  
Fat 96.8%  
Carbohydrate 3.2%  
Fibre 0%

INGREDIENTS

**Neutral**  
Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E472c), stabiliser (E460,E466), flavouring, thickener (E415).

Lemon

Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E472c), flavourings, stabiliser (E460, E466), thickener (E415).

ORDER CODES

Neutral 7010801  
Lemon 7012801

NUTRITIONAL COMPOSITION	Per 100ml	Per 30ml Serving
ENERGY kcal (kJ)	500 (2100)	150 (630)
PROTEIN g	0	0
CARBOHYDRATE g	4	1.2
Of which sugars g	4	1.2
Of which lactose g	0	0
FAT g	53.8	16.1
Of which saturated fatty acids g	16.7	5
Of which MCT g	13.9	4.2
Of which polyunsaturated fatty acids g	12.5	3.8
Of which monounsaturated fatty acids g	24.6	7.4
FIBRE g	0.4	0.1
SALT g (Na x 2.5)	0	0
WATER ml	40	12

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 30ml Serving
VITAMIN E mgαTE	14.0	4.2
VITAMIN K µg	38.0	11.4

\*Other mineral, trace elements and vitamins are present in clinically insignificant amounts

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6:0 Caproic acid	0.018
C8:0 Caprylic acid	7.57
C10:0 Capric acid	5.22
C12:0 Lauric acid	0.04
C16:0 Palmitic acid	1.84
C18:0 Stearic acid	0.81
C18:1ω9 Oleic acid	22.9
C18:2ω6 Linoleic acid	8.34
C18:3ω3 α-Linolenic acid	3.63

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Saccharose	4.0