# SURVIMED® OPD HN TUBE FEED



## DESCRIPTION

An unflavoured liquid consisting of peptides (whey protein hydrolysate), carbohydrate (maltodextrin), fat (MCT, safflower oil, rapeseed oil, fish oil), vitamins, minerals and trace elements.

### PRESENTATION

Survimed OPD HN is a nutritionally complete, peptide-based tube feed, fibre free. 1.33kcal/ml energy density with 20% energy from hydrolysed whey protein. With medium chain triglycerides (MCT), with fish oil. Suitable as a sole source of nutrition. Presented in a 500ml EasyBag. Lactose and gluten free.

#### **CONTRA-INDICATIONS**

FOR ENTERAL USE ONLY

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OF AGE
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

#### **PRECAUTIONS**

TO BE USED UNDER MEDICAL SUPERVISION

ENSURE ADEQUATE FLUID INTAKE

USE WITH CAUTION IN CHILDREN UNDER 6 YEARS OF AGE

MONITOR FEEDING RATE

DO NOT MIX WITH DRUGS

DO NOT USE IF BAG IS DAMAGED, OR SWOLLEN OR CONTENTS COAGULATED

#### INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular with malabsorption.

Food for Special Medical Purposes.

Prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula, continuous ambulatory peritoneal dialysis, haemodialysis

#### DOSAGE

Dosage should be calculated by a healthcare professional according to patients' needs. As a guide: For complete nutrition: ≥ 1000ml/day provides 1330kcal meets the average adult recommended daily requirements for vitamins, minerals and trace-elements.\*

### STORAGE

Store at room temperature
Once opened use within 24 hours
Shake well before use.

#### SHELF LIFE

12 months from date of manufacture.

#### **ENERGY DISTRIBUTION**

Protein 20% Fat 25% Carbohydrate 55% Fibre 0%

#### ORDER CODE

500ml EasyBag 7182221

# **INGREDIENTS**

Water, maltodextrin, hydrolysed whey protein (from  $\underline{\text{milk}}$ ), medium chain triglycerides, vegetable oils (rapeseed oil, safflower oil), potassium phosphate,  $\underline{\text{fish}}$  oil, calcium citrate, sodium chloride, stabilisers (E 460, E 466), choline chloride, vitamin C, calcium chloride, sodium hydroxide, magnesium oxide, potassium chloride, emulsifier (E 472c), ferrous sulphate, zinc sulphate, vitamin E, niacin, manganese chloride, pantothenic acid, thiamin, cupric sulphate, sodium fluoride, riboflavin, vitamin B $_{6'}$ , vitamin A, beta-carotene, folic acid, chromium chloride, sodium molybdate, sodium selenite, potassium iodide, vitamin K, biotin, vitamin D, vitamin B $_{12}$ 

Date of Preparation: March 2024

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NUTRITIONAL COMPOSITION	Per 100ml	Per 1000ml
ENERGY kcal (kJ)	133 (562)	1330 (5620)
<b>PROTEIN</b> g	6.7	67
CARBOHYDRATE g	18.3	183
Of which sugars g	1.1	11
Of which lactose g	≤0.3	≤3
<b>FAT</b> g	3.7	37
Of which saturated fatty acids g	2.1	21
Of which MCT g	1.9	19
Of which monounsaturated fatty acids g	0.9	9
Of which polyunsaturated fatty acids g	0.8	8
Of which EPA & DHA g	0.06	0.6
FIBRE g	<0.1	<1.0
SALT g	0.34	34
WATER ml	80	800
OSMOLARITY mosmol/l	40	00

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 1000ml
SODIUM mg (mmol)	135 (5.9)	1350 (59)
POTASSIUM mg (mmol)	260 (6.7)	2600 (66)
CHLORIDE mg (mmol)	120 (3.4)	1200 (34)
CALCIUM mg (mmol)	90 (2.3)	900 (23)
MAGNESIUM mg (mmol)	30 (1.2)	300 (12)
PHOSPHORUS mg (mmol)	72 (2.3)	720 (23)
IRON mg	2	20
ZINC mg	1.8	18
COPPER mg	0.2	2
MANGANESE mg	0.4	4
<b>IODINE</b> μg	20	200
<b>CHROMIUM</b> μg	10	100
MOLYBDENUM μg	15	150
FLUORIDE mg	0.2	2
SELENIUM μg	10	100

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 1000ml
VITAMIN A μgRE	138	1380
of which β- carotene μg RE	33	330
<b>VITAMIN D</b> μg	1.5	15
VITAMIN E mgαTE	2	20
<b>VITAMIN K</b> μg	10	100
THIAMIN mg	0.2	2
RIBOFLAVIN mg	0.26	2.6
NIACIN mg	1.3(3 mg NE)	13(30 mg NE)
VITAMIN B <sub>6</sub> mg	0.24	2.4
VITAMIN B <sub>12</sub> μg	0.4	4
PANTOTHENIC ACID mg	0.7	7
<b>BIOTIN</b> μg	7.5	75
<b>FOLIC ACID</b> μg	40	400
VITAMIN C mg	12	120
CHOLINE* mg	55	550

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6 Caproic acid	0.01
C8 Caprylic acid	1.0
C10 Capric acid	0.73
C12 Lauric acid	0.01
C14 Myristic acid	0.02
C16 Palmitic acid	0.11
C16:1 ω-7 Palmitoleic acid	0.02
C18 Stearic acid	0.04
C18:1 ω-9 Oleic acid	0.72
C18:2 ω-6 Linoleic acid	0.6
C18:3 ω-3 α-Linolenic acid	0.10
C20:5 Eicosapentanoic acid	0.04
C22:6 Docosahexaenoic acid	0.02
Ratio ω-6:ω-3	3.7:1
TYPICAL AMINO ACID PROFILE	g Per 100ml

Histiaine	0.1
Isoleucine	0.43
Leucine	0.74
Lysine	0.64
Methionine	0.15
Phenylalanine	0.21
Threonine	0.53
Tryptophan	0.12
Valine	0.39
Cysteine	0.14
Tyrosine	0.2
Glycine	0.12
Arginine	0.14
Glutamine & Glutamic acid	1.33
Proline	0.45
Aspartic acid and asparagine	0.80
Alanine	0.36
Serine	0.37

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Glucose	0.2
Fructose	0
Maltose	0.8
Saccharose	0
Lactose	≤0.3
Oligo-/polysaccharides	17.2

<sup>\*</sup>Excluding electrolytes. For nutrients excluding vitamin D. Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D. Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO I andno. 2011