

FRESUBIN® PLANT-BASED DRINK



DESCRIPTION

A flavoured liquid consisting of protein (soya protein), rapeseed oil, carbohydrates (glucose syrup, sucrose), fibre (inulin, cellulose, wheat dextrin) vitamins, minerals and trace elements.

PRESENTATION

Fresubin® PLANT-BASED Drink is a nutritionally complete 1.5kcal/ml energy density with 15g protein (20% energy) oral nutritional supplement with 100% plant protein (soya) with fibre. Suitable as a sole source of nutrition. Suitable for vegans. Free from milk protein, lactose free, gluten free.

Fresubin® PLANT-BASED Drink is ready to use and presented in a 200 ml bottle. Available in Vanilla flavour.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE FOR CHILDREN UNDER THREE YEARS

PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease-related malnutrition, in particular with increased energy and protein needs.

Food for Special Medical Purposes.

Prescribable on FPIO/GPIO for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patients, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

DOSAGE

Dosage to be determined by a healthcare professional according to the patients' needs. As a guide: Recommendation for supplementary nutrition: 2-3 bottles day or ≥5 bottles /day for complete nutrition which meets the average adult recommended daily requirements for vitamins, minerals and trace elements**

** Excluding electrolytes. For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO London, 2011

STORAGE

Store at room temperature. Once opened refrigerate and use within 24 hours. Packaged in a protective atmosphere. Best served chilled. Shake well before use.

PACK SIZE

4 x 200ml bottles

SHELF LIFE

9 months from date of manufacture.

ENERGY DISTRIBUTION

Protein 20%

Fat 34%

Carbohydrate 43%

Fibre 3%

COUNTRY OF ORIGIN

Germany

PRODUCT CODE

Vanilla 8439601

INGREDIENTS

Water, glucose syrup, soya proteins, rapeseed oil, sugar, wheat dextrin, inulin, cellulose, potassium carbonate, potassium chloride, flavouring, choline bitartrate, calcium chloride, sodium chloride, emulsifier (soya lecithins), stabilisers (E 460, E 466, E 407), potassium citrate, magnesium oxide, vitamin C, zinc sulphate, acidity regulator (E 524), ferrous sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, thiamin, sodium fluoride, vitamin B₆, riboflavin, cupric sulphate, vitamin A, beta-carotene, chromium chloride, folic acid, potassium iodide, sodium selenite, biotin, vitamin K, vitamin D, vitamin B₁₂

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	150 (630)	300 (1260)
PROTEIN g	7.5	15
CARBOHYDRATE g	16.1	32.2
Of which sugars g	6.3	12.6
FAT g	5.7	11.4
Of which saturated fatty acids g	0.4	0.8
Of which polyunsaturated fatty acids g	1.5	3.0
Of which monounsaturated fatty acids	3.8	7.6
FIBRE g	2.3	4.6
SALT g	0.3	0.6
WATER ml	86	172
OSMOLARITY mosmol/l		705

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	120 (5.22)	240 (10.44)
POTASSIUM mg (mmol)	240 (6.14)	480 (12.28)
CHLORIDE mg (mmol)	180 (5.07)	360 (10.14)
CALCIUM mg (mmol)	128 (3.19)	256 (6.38)
PHOSPHORUS mg (mmol)	100 (3.23)	200 (6.46)
MAGNESIUM mg (mmol)	27.5 (1.13)	55 (2.26)
IRON mg	2.0	4.0
ZINC mg	2.1	4.2
COPPER mg	0.24	0.48
MANGANESE mg	0.51	1.02
IODINE µg	22.4	44.8
CHROMIUM µg	11	22
MOLYBDENUM µg	16	32
FLUORIDE mg	0.22	0.44
SELENIUM µg	10	20
CHOLINE mg	40	80

VITAMINS	Per 100ml	Per 200ml
VITAMIN A µgRE	139	278
of which β-carotene µg RE	34	68
VITAMIN D µg	3.8	7.6
VITAMIN E mgαTE	2.7	5.4
VITAMIN K µg	9.8	19.6
THIAMIN mg	0.23	0.46
RIBOFLAVIN mg	0.24	0.48
NIACIN mg (mgNE)	2.6 (4.3)	5.2 (8.6)
VITAMIN B ₆ mg	0.27	0.54
VITAMIN B ₁₂ µg	0.60	1.2
PANTOTHENIC ACID mg	0.90	1.8
BIOTIN µg	6.8	13.6
FOLIC ACID µg	31.5	63
VITAMIN C mg	20	40

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6 Caproic acid	0.0
C8 Caprylic acid	0.0
C10 Capric acid	0.0
C12 Lauric acid	0.0
C14 Myristic acid	0.0
C16 Palmitic acid	0.26
C16:1 ω-7 Palmitoleic acid	0.0
C18 Stearic acid	0.08
C18:1 ω-9 Oleic acid	3.5
C18:2 ω-6 Linoleic acid	1.0
C18:3 ω-6 α-Linoleic acid	0.36
C20:0 Arachidic	0.03
C20:5 ω-3 Eicosapentaenoic acid	0.0
C22:6 ω-3 Docosahexaenoic acid	0.0
Other ω-3 fatty acids	0.0

TYPICAL AMINO ACID PROFILE	g Per 100ml
Lysine*	0.492
Threonine*	0.297
Methionine*	0.106
Phenylalanine*	0.409
Tryptophan*	0.106
Valine*	0.395
Leucine*	0.645
Isoleucine*	0.386
Tyrosine	0.292
Cysteine	0.101
Histidine*	0.205
Arginine	0.599
Glycine	0.331
Alanine	0.339
Proline	0.403
Serine	0.409
Glutamine and Glutamic Acid	1.504
Aspartic acid and Asparagine	0.915

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml
Glucose	0.25
Fructose	0.08
Maltose	0.90
Saccharose	5.04
Lactose	0
Oligosaccharides and Polysaccharides	9.8
Starch	N/A

*Essential amino acid
N/A Not applicable

Date of Preparation:
June 2025

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