FRESUBIN® ENERGY FIBRE DRINK

FRESENIUS KABI

DESCRIPTION
A flavoured liquid consisting of protein (milk), carbohydrate (maltodextrin, sucrose), vegetable oils (rapeseed and sunflower oils), dietary fibre (inulin, wheat, dextrin and cellulose), vitamins, minerals and trace elements.

PRESENTATION
Fresubin® Energy Fibre Drink is a nutritionally complete high calorie (1.5kcal/ml) oral nutritional supplement with fibre. Fresubin® Energy Fibre Drink is ready to use and presented in 200ml EasyBottle. Suitable as a sole source of nutrition. Fresubin® Energy Fibre Drink is available in a choice of 5 flavours: Vanilla, Strawberry, Chocolate, Banana, Caramel. Lactose and gluten free.

CONTRA-INDICATIONS
FOR ENTERAL USE ONLY
NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED
NOT SUITABLE FOR CHILDREN UNDER THREE YEARS
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS
SHOULD ONLY BE USED UNDER MEDICAL SUPERVISION
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS OF AGE
ENSURE ADEQUATE FLUID INTAKE

INDICATIONS FOR USE
For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy needs.

Fresubin® Energy Fibre Drink is a Food for Special Medical Purposes.

Fresubin® Energy Fibre Drink is prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

DOSAGE
Dosage should be calculated by a clinician or dietitian according to individual requirements.

Recommendation for supplementary nutrition 2-3 bottles (600-900kcal)/ day or complete nutrition 5-7 bottles (1500-2100 kcal)/day.

STORAGE
Store in a cool place, do not store above 25°C.
Once opened, can be stored for up to 24 hours in a refrigerator.
Shake well before use. Drink slowly.

PACK SIZE
24 x 200ml bottles.

SHELF LIFE
12 months from date of manufacture.

ENERGY DISTRIBUTION
Protein 15% Fat 35% Carbohydrate 47.3% Fibre 2.7%

ORDER CODES
Vanilla 7022601 Banana 7023601
Strawberry 7020601 Caramel 7024601
Chocolate 7269601

INGREDIENTS

Vanilla
Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), cellulose, flavouring, potassium citrate, sodium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B_6, vit. B_2, sodium fluoride, vit. B_1, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K_1, biotin, vit. D_3, vit. B_{12}.

Strawberry
Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), flavourings, cellulose potassium citrate, sodium citrate, emulsifiers (soya lecithin, E471), colouring food: beetroot powder, sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B_6, vit. B_2, sodium fluoride, vit. B_1, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K_1, biotin, vit. D_3, vit. B_{12}.

Chocolate
Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, cocoa powder (fat reduced), wheat dextrin, inulin (from chicory), flavouring, sodium citrate, emulsifiers (soya lecithin, E471), stabilisers (E460, E466, E407), sodium chloride, potassium citrate, potassium chloride, vit. C, cellulose, choline chloride, magnesium oxide, iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B_6, vit. B_2, sodium fluoride, vit. B_1, β-carotene, vit. A, folic acid, potassium iodide, sodium molybdate, sodium selenite, chromium chloride, vit. K_1, biotin, vit. D_3, vit. B_{12}.

Banana
Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), cellulose, potassium citrate, flavourings, sodium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B_6, vit. B_2, sodium fluoride, vit. B_1, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K_1, biotin, vit. D_3, vit. B_{12}.

Caramel
Water, maltodextrin, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, wheat dextrin, inulin (from chicory), flavourings, cellulose, potassium citrate, sodium citrate, emulsifiers (soya lecithin, E471), sodium chloride, potassium chloride, vit. C, choline chloride, magnesium oxide, acidity regulator (E330), iron pyrophosphate, zinc sulphate, niacin, vit. E, pantothenic acid, manganese chloride, copper sulphate, vit. B_6, vit. B_2, sodium fluoride, vit. B_1, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K_1, biotin, vit. D_3, vit. B_{12}.

Date of Preparation: GB-FreONS-2600007
May 2026

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	150 (630)	300 (1260)
PROTEIN g	5.6	11.2
CARBOHYDRATE g	17.8	35.6
Of which sugars g	5-6.4[1]	10-12.8[1]
Of which lactose g	≤0.25[2] / ≤0.26	≤0.50[2] / ≤0.52
FAT g	5.8	11.6
Of which saturated fatty acids g	0.4, 0.5[2]	0.8, 1[2]
Of which monounsaturated fatty acids g	3.8, 3.7[2]	7.6, 7.4[2]
Of which polyunsaturated fatty acids g	1.6	3.2
FIBRE g	2	4
SALT g (Na x 2.5)	0.2/0.21[2]	0.4/0.42[2]
WATER ml	78	156
OSMOLARITY mosmol/l	390-440[1]	
OSMOLALITY mosmol/kg H_2O	510-580[1]	

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	80(3.5)/85(3.7)[2]	160(7.0)/170(7.4)[2]
POTASSIUM mg (mmol)	135(3.5)/140(3.6)[2]	270(7.0)/280(7.2)[2]
CHLORIDE mg (mmol)	100 (2.8)	200 (5.6)
CALCIUM mg (mmol)	135 (3.4), 130 (3.2)[2]	270 (6.8), 260 (6.4)[2]
PHOSPHORUS mg (mmol)	80 (2.6), 85 (2.7)[2]	160 (5.2), 170 (5.4)[2]
MAGNESIUM mg (mmol)	21 (0.9), 24 (1.0)[2]	42 (1.8), 48 (2.0)[2]
IRON mg	2	4
ZINC mg	1.5	3
COPPER µg	300	600
MANGANESE mg	0.4	0.8
IODINE µg	30	60
CHROMIUM µg	10	20
MOLYBDENUM µg	15	30
FLUORIDE mg	0.2	0.4
SELENIUM µg	10	20

VITAMINS AND OTHER NUTRIENTS*	Per 100ml	Per 200ml
VITAMIN A µgRE	170	340
of which β- carotene µg RE	50	100
VITAMIN D_3 µg	2	4
VITAMIN E mgαTE	3	6
VITAMIN K_1 µg	16.7	33.4
VITAMIN B_1 mg	0.23	0.46
VITAMIN B_2 mg	0.32	0.64
NIACIN mg	3(4mg NE)	6(8mg NE)
VITAMIN B_6 mg	0.33	0.66
VITAMIN B_{12} µg	0.6	1.2
PANTOTHENIC ACID mg	1.2	2.4
BIOTIN µg	7.5	15
FOLIC ACID µg	50	100
VITAMIN C mg	15	30
CHOLINE* mg	26.7	53.4

TYPICAL FATTY ACID PROFILE	g Per 100ml
C16 Palmitic acid	0.28, 0.3[2]
C16:1 n-7 Palmitoleic acid	0, 0.001[2]
C18 Stearic acid	0.14, 0.19[2]
C18:1 n-9 Oleic acid	3.57, 3.48[2]
C18:2 n-6 Linoleic acid	1.13, 1.09[2]
C18:3 n-3 alpha-Linolenic acid	0.43, 0.41[2]
Ratio n-6:n-3	2.6:1

TYPICAL AMINO ACID PROFILE	g Per 100ml
ESSENTIAL	
Histidine	0.16, 0.15[2]
Isoleucine	0.31, 0.30[2]
Leucine	0.55, 0.54[2]
Lysine	0.46, 0.45[2]
Methionine	0.16, 0.15[2]
Phenylalanine	0.28
Threonine	0.26, 0.25[2]
Tryptophan	0.06
Valine	0.39
CONDITIONALLY ESSENTIAL	
Cysteine	0.03, 0.04[2]
Tyrosine	0.31, 0.30[2]
Glycine	0.11
Arginine	0.20, 0.21[2]
Glutamine	0.50, 0.47[2]
Proline	0.56, 0.54[2]
NON-ESSENTIAL	
Aspartic acid and asparagine	0.58, 0.57[2]
Glutamic acid	0.71
Alanine	0.18
Serine	0.33, 0.32[2]

[2] Chocolate

TYPICAL CARBOHYDRATE PROFILE	VAN	CHOC	STRA	BAN	CAR
Glucose	0.21	0.21	0.22	0.22	0.26
Fructose	0.07	0.06	0.07	0.07	0.07
Maltose	0.29	0.30	0.54	0.32	0.32
Saccharose	5.53	5.04	4.53	4.53	4.10
Lactose	≤0.26	≤0.25	≤0.26	≤0.26	≤0.26
Oligo/Polysaccharides	11.39	11.67	12.13	12.35	12.74

VAN (Vanilla), CHOC (Chocolate), STRA (Strawberry), BAN (Banana), CAR (Caramel)

1. Depending on flavour
2. Chocolate