

FRESUBIN® DESSERT FRUIT PURÉE



DESCRIPTION

Fresubin® Dessert Fruit Purée is a thickened/ spoonable oral nutritional supplement containing protein (milk), fat (rapeseed oil), carbohydrate (saccharose, starch, modified starch and glucose syrup), fibre (inulin, apple fibre, fibre from plum concentrate), vitamins, minerals and trace elements.

PRESENTATION

Fresubin® Dessert Fruit Purée is a nutritionally complete 1.6 kcal/g energy density, spoonable oral nutritional supplement with fibre. Suitable as a sole source of nutrition.

IDDSI* Level 4 (extremely thick). Lactose and gluten free.

Ready to use and available in a 125g cup

Available in 1 flavour: Apple-Prune.

CONTRA-INDICATIONS

FOR ENTERAL USE ONLY

NOT SUITABLE FOR CHILDREN UNDER 3 YEARS OF AGE

NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

TO BE USED UNDER MEDICAL SUPERVISION

USE WITH CAUTION FOR CHILDREN UNDER 6 YEARS

FIBRE INTAKE SHOULD BE CONSIDERED WHEN CONSUMING ≥3CUPS/DAY

INDICATIONS FOR USE

For the dietary management of patients with or at risk of disease related malnutrition, in particular with increased energy needs and/or dysphagia.

Food for Special Medical Purposes.

Prescribable on FPIO/GPIO for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula.

DOSEAGE

To be advised by a healthcare professional according to the patients' needs.

As a guide: Recommendation for supplementary nutrition 3-4 cups/day or complete nutrition 8 cups/day.

STORAGE

Store at room temperature. Once opened refrigerate and use within 24 hours.

Best served chilled. Stir gently.

Packaged in a protective atmosphere.

SHELF LIFE

12 months from date of manufacture.

COUNTRY OF ORIGIN

Germany.

PACK SIZE

4 x 125g cups.

ENERGY DISTRIBUTION

Protein 18%

Fat 31%

Carbohydrate 47%

Fibre 4%

ORDER CODES

Apple - Prune 7439701

INGREDIENTS

Apple-Prune

Water, apple juice concentrate (18 %), apple purée (13 %), whey protein (from milk), rapeseed oil, prune concentrate (5 %), sugar, inulin, apple fibre, maize starch, calcium lactate, glucose syrup, thickener (E 1442), maltodextrin, sodium dihydrogen phosphate, magnesium citrate, emulsifiers (E 471, soya lecithins), choline bitartrate, vitamin C, flavouring, sodium citrate, sodium chloride, ferric diphosphate, zinc sulphate, vitamin E, pantothenic acid, niacin, manganese chloride, cupric sulphate, riboflavin, vitamin B₆, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vitamin K, biotin, vitamin D, vitamin B₁₂.

* International Dysphagia Diet Standardisation Initiative (IDDSI) www.iddsi.org

NUTRITIONAL COMPOSITION	Per 100g	Per 125g
ENERGY kcal (kJ)	160 (670)	200 (840)
PROTEIN g	7.0	8.75
CARBOHYDRATE g	18.7	23.4
Of which sugars g	16.2	20.3
Of which lactose g	<0.5	<0.6
FAT g	5.6	7.0
Of which saturated fatty acids g	0.4	0.53
Of which polyunsaturated fatty acids g	1.6	2.01
Of which monounsaturated fatty acids g	3.5	4.38
FIBRE g	3.5	4.4
SALT g	0.15	0.19
WATER ml	60	75

MINERALS AND TRACE ELEMENTS	Per 100g	Per 125g
SODIUM mg (mmol)	61 (2.7)	76 (3.3)
POTASSIUM mg (mmol)	175 (4.5)	219 (5.6)
CHLORIDE mg (mmol)	139 (3.9)	174 (4.9)
CALCIUM mg (mmol)	90 (2.3)	113 (2.8)
PHOSPHORUS mg (mmol)	90 (2.9)	113 (3.6)
MAGNESIUM mg (mmol)	32 (1.3)	40 (1.6)
IRON mg	2.2	2.8
ZINC mg	1.7	2.13
COPPER mg	0.38	0.47
MANGANESE mg	0.50	0.63
IODINE µg	37.6	47.0
CHROMIUM µg	13	16.3
MOLYBDENUM µg	19	23.5
FLUORIDE mg	0.24	0.3
SELENIUM µg	11	13.8

VITAMINS AND OTHER NUTRIENTS	Per 100g	Per 125g
VITAMIN A µgRE	213	266
Of which β- carotene µg RE	62.5	78.3
VITAMIN D µg	2.6	3.25
VITAMIN E mgαTE	3.8	4.70
VITAMIN K µg	21	26.3
THIAMIN mg	0.3	0.38
RIBOFLAVIN mg	0.4	0.5
NIACIN mg	1.6mg(3mg NE)	2mg(3.74mg NE)
VITAMIN B ₆ mg	0.43	0.54
VITAMIN B ₁₂ µg	0.75	0.94
PANTOTHENIC ACID mg	1.3	1.63
BIOTIN µg	9.4	11.8
FOLIC ACID µg	59	73.8
VITAMIN C mg	19	23.5
CHOLINE mg	32	40

TYPICAL FATTY ACID PROFILE	g Per 100g
C16 Palmitic acid	0.26
C16:1 ω-7 Palmitoleic acid	0
C18 Stearic acid	0.11
C18:1 ω-9 Oleic acid	3.20
C18:2 ω-6 Linoleic acid	1.05
C18:3 ω-3 alpha-Linolenic acid	0.47
C20:3 ω-3 Eicosapentaenoic acid	0
C18:3 ω-3 Docosahexaenoic acid	0
Other ω-3 fatty acids	0

TYPICAL AMINO ACID PROFILE	g Per 100g
Histidine	0.14
Isoleucine	0.52
Leucine	0.79
Lysine	0.72
Methionine	0.17
Phenylalanine	0.22
Threonine	0.56
Tryptophan	0.08
Valine	0.46
Cysteine	0.19
Tyrosine	0.21
Glycine	0.12
Arginine	0.14
Proline	0.5
Aspartic acid and Asparagine	0.82
Glutamic acid	1.34
Alanine	0.38
Serine	0.39

TYPICAL CARBOHYDRATE PROFILE	g Per 100g
Glucose	2.47
Fructose	5.82
Maltose	0.07
Saccharose	7.85
Lactose	0.03
Oligo-/polysaccharides	0.51
Starch	1.96