FRESUBIN® 2KCAL FIBRE DRINK

FRESENIUS KABI

DESCRIPTION
A flavoured liquid consisting of protein (milk), carbohydrate (glucose syrup and sucrose) vegetable oils (rapeseed and sunflower oils), fibre* (inulin, wheat dextrin), minerals, vitamins and trace elements.
*chocolate flavour (inulin/cocoa powder)

PRESENTATION
Fresubin 2kcal Fibre Drink is a nutritionally complete 2.0 kcal/ml energy density with 20g protein (20% energy) and 10 µg vitamin D per 200ml oral nutritional supplement with fibre. Suitable as a sole source of nutrition. Lactose and gluten free.
Fresubin 2kcal Fibre Drink is ready to use and presented in 200ml EasyBottle and is available in a choice of 6 flavours: Chocolate, Vanilla, Cappuccino, Lemon, Neutral, Apricot-Peach

CONTRA-INDICATIONS
FOR ENTERAL USE ONLY
NOT SUITABLE FOR CHILDREN UNDER THREE YEARS OLD
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS
TO BE USED UNDER MEDICAL SUPERVISION
USE WITH CAUTION IN CHILDREN UNDER 6 YEARS

INDICATIONS FOR USE
For the dietary management of patients with or at risk of disease related malnutrition, in particular for patients with increased energy and protein needs or fluid restrictions.

Food for Special Medical Purposes.

Prescribable on FP10/GP10 for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula plus CAPD and haemodialysis.

DOSAGE
Dosage to be determined by a healthcare professional according to the patients' needs. Recommendation for supplementary nutrition: 1-2 x 200ml bottles / day or complete nutrition 4-5 bottles/day which meets the average adult recommended daily requirements for vitamins, minerals and trace elements**

** Excluding electrolytes. For nutrients excluding vitamin D: Dietary Reference values for Food, Energy and Nutrients for the United Kingdom, Department of Health 1991. For vitamin D: Scientific Advisory Committee in Nutrition. Vitamin D and Health 2016. For energy: Scientific Advisory Committee on Nutrition. Dietary Reference Values for Energy. TSO London, 2011

STORAGE
Store at room temperature
Once opened refrigerate and use within 24 hours
Shake well before use
Best served chilled

PACK SIZE
4 x 200ml bottles.

SHELF LIFE
15 months from date of manufacture.

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ENERGY DISTRIBUTION
Protein 20% Fat 35% Carbohydrate 43.5% Fibre 1.5%
Chocolate: Protein 20% Fat 35% Carbohydrate 43.4% Fibre 1.6%

INGREDIENTS
CHOCOLATE FLAVOUR
Water, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), edible calcium caseinate (from milk), milk proteins, sugar, inulin, fat-reduced cocoa powder, maltodextrin, flavouring, potassium citrate, emulsifier (E 471, soya lecithins), sodium chloride, sodium carbonate, vitamin C, stabilisers (E 460, E 466, E 407), potassium carbonate, ferric diphosphate, magnesium oxide, niacin, zinc sulphate, pantothenic acid, manganese chloride, vitamin E, cupric sulphate, riboflavin, vitamin B_6, thiamin, sodium fluoride, beta-carotene, vitamin A, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, vitamin K, biotin, vitamin D, vitamin B_{12}

VANILLA FLAVOUR
Water, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), edible calcium caseinate (from milk), milk proteins, sugar, inulin, maltodextrin, wheat dextrin, potassium citrate, flavouring, emulsifiers (E 471, soya lecithins), potassium carbonate, acidity regulator (E 507), sodium chloride, sodium carbonate, vitamin C, magnesium oxide, ferric diphosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, cupric sulphate, riboflavin, vitamin B_6, thiamin, sodium fluoride, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B_{12}

CAPPUCCINO FLAVOUR
Water, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), edible calcium caseinate (from milk), milk proteins, sugar, inulin, maltodextrin, flavouring (with milk), wheat dextrin, potassium citrate, emulsifiers (E 471, soya lecithins), caramelised sugar, potassium carbonate, sodium chloride, acidity regulator (E 507), sodium carbonate, vitamin C, magnesium oxide, ferric diphosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, cupric sulphate, riboflavin, vitamin B_6, thiamin, sodium fluoride, beta-carotene, vitamin A, colour (E 150d), folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B_{12}

LEMON FLAVOUR
Water, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), edible calcium caseinate (from milk), milk proteins, sugar, inulin, maltodextrin, wheat dextrin, flavourings, potassium citrate, emulsifiers (E 471, soya lecithins), potassium carbonate, sodium chloride, acidity regulator (E 507), sodium carbonate, vitamin C, magnesium oxide, ferric diphosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, cupric sulphate, riboflavin, vitamin B_6, thiamin, sodium fluoride, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B_{12}

APRICOT-PEACH FLAVOUR
Water, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), edible calcium caseinate (from milk), milk proteins, sugar, inulin, maltodextrin, flavourings, wheat dextrin, potassium citrate, emulsifiers (E 471, soya lecithins), potassium carbonate, sodium chloride, acidity regulator (E 507), sodium carbonate, vitamin C, magnesium oxide, ferric diphosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, cupric sulphate, riboflavin, vitamin B_6, thiamin, sodium fluoride, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B_{12}

NEUTRAL FLAVOUR
Water, glucose syrup, vegetable oils (high-oleic sunflower oil, rapeseed oil), edible calcium caseinate (from milk), milk proteins, inulin, maltodextrin, wheat dextrin, potassium citrate, emulsifiers (E 471, soya lecithins), acidity regulator (E 507), potassium carbonate, sodium chloride, sodium carbonate, vitamin C, magnesium oxide, ferric diphosphate, zinc sulphate, niacin, manganese chloride, pantothenic acid, vitamin E, cupric sulphate, riboflavin, vitamin B_6, thiamin, sodium fluoride, beta-carotene, vitamin A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vitamin K, biotin, vitamin D, vitamin B_{12}

GB-FreONS-2600170 | Date of Preparation: October 2026

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	200 (840[1]/841)	400 (1680[1]/1682)
PROTEIN g	10	20
CARBOHYDRATE g	21.7[1] - 21.8	43.4[1] - 43.6
Of which sugars g	5.8[1] ,5.4[2], 5.9[3], 5.1[4], 3.25[5], 5.32[6]	11.6[1], 10.8[2], 11.8[3], 10.2[4], 6.5[5], 10.64[6]
Of which lactose g	≤0.3	≤0.6
FAT g	7.8	15.6
Of which saturated fatty acids g	0.6/0.7[1]	1.2/1.4[1]
Of which polyunsaturated fatty acids g	1.4	2.8
Of which monounsaturated fatty acids g	5.8	11.6
FIBRE g	1.5/1.6[1]	3/3.2[1]
SALT g	0.15	0.3
WATER ml	68/70[1]	136/140[1]
OSMOLARITY mosmol/l	590[1], 615[2], 595[3], 650[4], 505[5], 600[6]	

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	60 (2.6)	120 (5.2)
POTASSIUM mg (mmol)	160 (4.1)	320 (8.2)
CHLORIDE mg (mmol)	60 (1.7)[1] / 80 (2.3)	120 (3.4)[1] / 160 (4.6)
CALCIUM mg (mmol)	205 (5.1)	410 (10.2)
PHOSPHORUS mg (mmol)	120 (3.9)	240 (7.8)
MAGNESIUM mg (mmol)	16 (0.7)	32 (1.4)
IRON mg	2.5	5
ZINC mg	1.6	3.2
COPPER mg	0.38	0.76
MANGANESE mg	0.5	1
IODINE µg	37.5	75
CHROMIUM µg	13	26
MOLYBDENUM µg	19	38
FLUORIDE mg	0.25	0.5
SELENIUM µg	14	28

VITAMINS	Per 100ml	Per 200ml
VITAMIN A µgRE	213	426
of which β- carotene µg RE	63	126
VITAMIN D µg	5	10
VITAMIN E mgαTE	3.8	7.6
VITAMIN K µg	21	42
THIAMIN mg	0.3	0.6
RIBOFLAVIN mg	0.4	0.8
NIACIN mg	3.8(5.6mg NE)	7.6(11.2 mg NE)
VITAMIN B_6 mg	0.43	0.86
VITAMIN B_{12} µg	0.75	1.5
PANTOTHENIC ACID mg	1.5	3
BIOTIN µg	9.4	18.8
FOLIC ACID µg	62.5	125
VITAMIN C mg	19	38

1 Chocolate 2 Lemon 3 Vanilla 4 Cappuccino 5 Neutral 6 Apricot-Peach

TYPICAL FATTY ACID PROFILE	g per 100ml	
	Choc	L, V, Cap, N
C14:0 Myristic acid	-	≤0.01
C16:0 Palmitic acid	0.36	0.34
C18:0 Stearic acid	0.25	0.22
C18:1 ω-9 Oleic acid	5.5	5.53
C18:2 ω-6 Linoleic acid	1.09	1.11
C18:3 ω-3 α-Linolenic acid	0.26	0.27

TYPICAL AMINO ACID PROFILE	g per 100ml	
Histidine	0.29	0.30
Isoleucine	0.56	0.57
Leucine	0.99	1.01
Lysine	0.83	0.84
Methionine	0.28	0.29
Phenylalanine	0.52	0.52
Threonine	0.46	0.46
Tryptophan	0.11	0.14
Valine	0.72	0.73
Cysteine	0.05	0.05
Tyrosine	0.56	0.57
Glycine	0.19	0.19
Arginine	0.37	0.37
Glutamine	0.91	0.94
Proline	1.01	1.03
Aspartic acid and Asparagine	0.91	0.92
Glutamic acid	1.28	1.28
Alanine	0.33	0.33
Serine	0.61	0.62

TYPICAL CARBOHYDRATE PROFILE	g per 100ml					
	L	V	Choc	Cap	N	AP
Glucose	0.48	0.47	0.46	0.50	0.55	0.49
Fructose	0.06	0.06	0.04	0.06	0.06	0.06
Maltose	2.02	1.96	1.97	2.02	2.32	2.03
Saccharose	2.56	3.06	3.05	2.26	0.06	2.46
Lactose	≤0.3	≤0.3	≤0.3	≤0.3	≤0.3	≤0.03
Oligo-/polysaccharides	16.33	15.9	15.73	16.61	18.5	16.43
Starch	0	0	0.16	0	0	0

L - Lemon
V - Vanilla
Cap - Cappuccino
Choc - Chocolate
N - Neutral
AP - Apricot-Peach