

FREBINI® ENERGY FIBRE DRINK



DESCRIPTION

A flavoured liquid containing protein (milk), fat (rapeseed oil, MCT), carbohydrates (maltodextrin, sucrose), vitamins, minerals, trace elements and mixed fibre blend. Contains fibre (inulin, cocoa powder*, cellulose, wheat dextrin). (*chocolate flavour only)

PRESENTATION

Frebini® energy fibre Drink is a nutritionally complete, high energy (1.5kcal/ml) oral nutritional supplement, with fibre. With taurine, carnitine and inositol. For children aged 1-12 years. Frebini® Energy Fibre Drink is ready to use and presented in a 200ml bottle. Frebini® Energy Fibre Drink is available in Chocolate or Vanilla flavour. Lactose and gluten free.

CONTRA-INDICATIONS

NOT FOR ENTERAL USE

NOT SUITABLE WHERE ENTERAL NUTRITION IS NOT PERMITTED
NOT SUITABLE FOR CHILDREN UNDER ONE YEAR OF AGE OR ADULTS
NOT SUITABLE FOR PATIENTS WITH GALACTOSAEMIA

PRECAUTIONS

MUST ONLY BE USED UNDER MEDICAL SUPERVISION
ENSURE ADEQUATE FLUID INTAKE

INDICATIONS FOR USE

Frebini® Energy Fibre Drink is suitable as a nutritional supplement for children at risk of malnutrition aged 1 - 12 years. Frebini® Energy Fibre Drink is particularly suitable for individuals who have increased energy needs.

Fresubin® Energy Fibre is a Food for Special Medical Purposes.

Fresubin® Energy Fibre is prescribable on FPIO/GPIO for the following indications: For the dietary management of disease related malnutrition, short bowel syndrome, intractable malabsorption, pre-operative preparation of malnourished patient, dysphagia, proven inflammatory bowel disease, following total gastrectomy, bowel fistula and growth failure in children aged 1-10 years.

DOSAGE

Dosage should be calculated by a clinician or dietitian according to individual requirements.

As a guide, for supplementary nutrition:- 1-3 bottles/ day

STORAGE

Store in a cool place, do not store above 25°C.

Once opened, can be stored in a refrigerator for up to 24 hours

SHELF LIFE

12 months from date of manufacture.

PACK SIZE

24 x 200ml bottles.

ENERGY DISTRIBUTION

Protein 10.2% Fat 40% Carbohydrate 48.3% Fibre 1.5%

ORDER CODES

Chocolate 7028601

Vanilla 7029601

INGREDIENTS

Chocolate

Water, maltodextrin, rapeseed oil, milk protein, sucrose, medium chain triglycerides (MCT), chocolate powder (sugar, cocoa mass, fat reduced cocoa powder, emulsifier, soya lecithin, natural vanilla), fat reduced cocoa powder, inulin (from chicory), cellulose, dipotassium hydrogen phosphate, emulsifiers (soya lecithin, E471), potassium chloride, sodium chloride, wheat dextrin, sodium citrate, vit. C, choline hydrogen tartrate, acidity regulator (E524), myo-inositol, taurine, magnesium oxide, iron sulphate, flavouring, zinc sulphate, L-carnitine, niacin, vit. E, pantothenic acid, vit. B₂, manganese chloride, vit. B₁, copper sulphate, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, potassium iodide, vit. K₁, biotin, sodium selenite, sodium molybdate, chromium chloride, vit. D₃, vit. B₁₂.

Vanilla

Water, maltodextrin, rapeseed oil, milk protein, sucrose, medium chain triglycerides (MCT), inulin (from chicory), cellulose, emulsifiers (soya lecithin, E471), flavourings, dipotassium hydrogen phosphate, potassium chloride, sodium citrate, sodium chloride, wheat dextrin, cholin hydrogen tartrate, vit. C, magnesium oxide, myo-inositol, acidity regulator (524), taurine, iron sulphate, zinc sulphate, L-carnitine, niacin, vit. E, pantothenic acid, manganese chloride, vit. B₂, vit. B₁, copper sulphate, sodium fluoride, vit. B₆, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, sodium molybdate, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Date of Preparation:
March 2025

GB-FreONS-2500052

NUTRITIONAL COMPOSITION	Per 100ml	Per 200ml
ENERGY kcal (kJ)	150 (630)	300(1260)
PROTEIN g	3.8	7.6
CARBOHYDRATE g	18.1	36.2
Of which sugars g	4.5/4.9 ²	9/ 9.8 ²
Of which lactose g	≤0.05	≤0.1
FAT g	6.7	13.4
Of which saturated fatty acids g	1.7/1.8 ²	3.4/ 3.6 ²
Of which MCT g	1.3	2.6
Of which monounsaturated fatty acids g	3.3/3.32 ²	6.6/6.64 ²
Of which polyunsaturated fatty acids g	1.7/1.6 ²	3.4/3.2 ²
FIBRE g	1.1	2.2
SALT g (Na x 2.5)	0.20/0.26 ²	0.4/0.52 ²
WATER ml	79	158
OSMOLARITY mosmol/l		400/420 ²
OSMOLALITY mosmol/kg H ₂ O		500/530 ²

MINERALS AND TRACE ELEMENTS	Per 100ml	Per 200ml
SODIUM mg (mmol)	81(3.5) ¹ /102(4.4) ²	162(7.0)/ 204(8.8) ²
POTASSIUM mg (mmol)	150(3.8)	300/ (7.6)
CHLORIDE mg (mmol)	123(3.5) ¹ /110(3.1) ²	246(7) ¹ / 220(6.2) ²
CALCIUM mg (mmol)	105(2.6) ¹ /98(2.5) ²	210(5.2) ¹ / 196(5) ²
PHOSPHORUS mg (mmol)	92(3) ¹ /97(3.1) ²	184(6) ¹ /194(6.2) ²
MAGNESIUM mg (mmol)	19(0.8) ¹ /20(0.8) ²	38(1.6) ¹ / 40(1.6) ²
IRON mg	1.5	3
ZINC mg	1.5	3
COPPER µg	150	300
MANGANESE mg	0.18	0.36
IODINE µg	15	30
CHROMIUM µg	6/9 ²	12/18 ²
MOLYBDENUM µg	6	12
FLUORIDE mg	0.12	0.24
SELENIUM µg	4.5	9.0

VITAMINS AND OTHER NUTRIENTS ³	Per 100ml	Per 200ml
VITAMIN A µgRE	93	186
of which β- carotene µg RE	25	50
VITAMIN D ₃ µg	1.13	2.26
VITAMIN E mgαTE	3	6
VITAMIN K ₁ µg	6	12
VITAMIN B ₁ mg	0.3	0.6
VITAMIN B ₂ mg	0.3	0.6
NIACIN mg	1.8 (2.6mg NE)	3.6(5.2mgNE)
VITAMIN B ₆ mg	0.17	0.34
VITAMIN B ₁₂ µg	0.3	0.6
PANTOTHENIC ACID mg	0.6	1.2
BIOTIN µg	7.5	15
FOLIC ACID µg	33	66
VITAMIN C mg	12	24
CHOLINE ³ mg	30	60
TAURINE ³ mg	12	24
MYO-INOSITOL ³ mg	22.5	45
CARNITINE ³ mg	4.5	9

TYPICAL FATTY ACID PROFILE	g Per 100ml
C6 Caproic acid	0.002
C8 Caprylic acid	0.73
C10 Capric acid	0.50
C12 Lauric acid	0.004
C14 Myristic acid	-
C16 Palmitic acid	0.25 ¹ / 0.30 ²
C16:1 n-7 Palmitoleic acid	-
C18 Stearic acid	0.11 ¹ / 0.20 ²
C18:1 n-9 Oleic acid	3.06 ¹ / 2.99 ²
C18:2 n-6 Linoleic acid	1.11 ¹ / 1.06 ²
C18:3 n-3 α-Linolenic acid	0.48 ¹ / 0.46 ²

TYPICAL AMINO ACID PROFILE	g Per 100ml
ESSENTIAL	
Histidine	0.12 ¹ / 0.11 ²
Isoleucine	0.20 ¹ / 0.19 ²
Leucine	0.38 ¹ / 0.36 ²
Lysine	0.32 ¹ / 0.30 ²
Methionine	0.11 ¹ / 0.10 ²
Phenylalanine	0.19 ¹ / 0.18 ²
Threonine	0.18 ¹ / 0.17 ²
Tryptophan	0.05
Valine	0.27 ¹ / 0.26 ²

CONDITIONALLY ESSENTIAL	
Cysteine	0.03
Tyrosine	0.18 ¹ / 0.17 ²
Taurine	0.012
Glycine	0.07
Arginine	0.16
Glutamine	0.34 ¹ / 0.31 ²
Proline	0.41 ¹ / 0.38 ²

NON-ESSENTIAL	
Aspartic acid and asparagine	0.31 ¹ / 0.30 ²
Glutamic acid	0.13 ¹ / 0.12 ²
Alanine	0.13 ¹ / 0.12 ²
Serine	0.23 ¹ / 0.21 ²

TYPICAL CARBOHYDRATE PROFILE	g Per 100ml	
	VAN	CHOC
Glucose	0.31	0.29
Fructose	0.03	0.02
Galactose	0.12	0.11
Maltose	0.80	0.77
Sucrose	3.18	3.63
Starch	-	0.12
Oligo-/Polysaccharides	13.63	13.1
Lactose	≤0.05	≤0.05

¹ Vanilla Flavour ² Chocolate Flavour ³ Other Nutrients
CHOC Chocolate VAN Vanilla