



**FRESENIUS
KABI**

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Fresubin® Jucy Drink

Patient Information



Fresubin Jucy Drink



All about Fresubin Jucy Drink

This leaflet will answer some of the questions you may have about Fresubin Jucy Drink. If you have any other questions, you should contact your dietitian, doctor or healthcare professional.

What is Fresubin Jucy Drink?

Fresubin Jucy Drink is a special nutritious drink for people who are unwell and cannot manage enough normal food to meet their nutritional requirements.

What does Fresubin Jucy Drink contain?

Fresubin Jucy Drink is made up of many nutrients that are essential in a healthy, balanced diet. These include protein, carbohydrate, vitamins, minerals and water. Fresubin Jucy Drink is lactose and gluten free. In addition, Fresubin Jucy Drink does not contain fat because it is a juice style supplement. Fresubin Jucy Drink should not be used in patients with a whey protein intolerance.

What flavours are available?

There are five delicious flavours to choose from:

- Apple
- Blackcurrant
- Cherry
- Orange
- Pineapple

How much Fresubin Jucy Drink should I take?

Your dietitian or healthcare professional will advise you about the amount you should be taking. As a guide, 2-3 bottles for supplementary nutrition will provide 600-900 kcal/day.

When should I take Fresubin Jucy Drink?

This is really up to you. However, you may be advised to take it in between meals and in the evening so you can manage to eat normal meals as well. Many people like to sip Fresubin Jucy Drink rather than drink it all at once.

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How should I take Fresubin Jucy Drink?

Fresubin Jucy Drink is best taken as a chilled drink, either straight from the bottle or poured into a glass. It is recommended that it is stored in the fridge before serving. Shake the bottle well before use and drink slowly. The addition of crushed ice or ice-cubes makes it even more refreshing.

What about recipe ideas for Fresubin Jucy Drink?

Fresubin Jucy Drink can be used in a wide variety of foods and drinks. A recipe book is available on request. Here are a few simple suggestions:

Fresubin Jucy Carbonated Drinks:

- Mix 100ml of any flavour of Fresubin Jucy Drink with 100ml sparkling water or lemonade, add ice and serve.

Fresubin Jucy Jelly:

- Make up jelly following directions on the packet, substituting 200ml of liquid with a bottle of Fresubin Jucy Drink.

Fresubin Jucy Ice Lollies:

- Pour the Fresubin Jucy Drink into ice lolly moulds and freeze.

How should I store Fresubin Jucy Drink?

Unopened bottles can be kept at room temperature, not above 25°C. Opened bottles should be resealed and kept in a fridge and thrown away if not used within 24 hours. It must not be used after the expiry date.



Additional information

Patient name:

Bottles per day:

Flavour preferences:

Dietitian:

Contact No:



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