

Freka® Nasojejunal Tube

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a Freka® Nasojejunal tube. It has been inserted into the jejunum via the nostril and gastrointestinal tract.

> Initial Care:

- Ongoing confirmation of tube position should be carried out via x-ray, as per local/hospital policy.
- The tube should be secured on the bridge of the nose and cheek with an appropriate dressing (as per local/hospital policy). This should be replaced as required. Take care not to disturb the tube positioning.
- The marking on the tube at the level of the nostril should be recorded.
- Water/feeding can be commenced immediately after tube placement is confirmed. Refer to your individual feeding regimen.

> Daily Care:

- Ensure tube is secured and replaced when required.
- Flush with 20ml cooled boiled water (as per local/hospital policy) before and after enteral feed and medications, or if not in use at least once daily.
- If you have any feed related problem (e.g. pain, bloatedness, sickness), inform your healthcare professional.
- If tube becomes blocked, it must be replaced.
- If the tube is blocked, no attempt should be made to clear it using force.
- If the tube becomes displaced (dislodged out of place) do not use the tube and inform your healthcare professional.

Fresenius Kabi: 01928 533533



**FRESENIUS
KABI**

Fresenius Kabi Limited,
Cestrian Court, Eastgate Way,
Manor Park, Runcorn,
Cheshire WA7 1NT
tel: 01928 533533 fax: 01928 533520
email: scientific.affairsUK@fresenius-kabi.com
www.fresenius-kabi.co.uk
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