

Freka® Pexact II

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a Freka Pexact, a gastrostomy tube placed directly into the stomach, held in place by an internal retention balloon.
- The area where the tube enters the stomach is called the stoma site.

> Initial Care:*

- Water/feed is usually commenced 1-2 hours after placement. Refer to individual feeding regimen.
- If patient complains of pain or there is localised swelling, stop feeding and report to your local healthcare professional.
- The balloon will be filled with 5ml of sterile water upon initial placement.

> Daily Care:

- Clean stoma site daily with mild soap and warm water and ensure adequate drying.
- Observe stoma site daily for leakage, swelling, redness or inflammation. Report any problems to your local healthcare professional.

- Flush tube with 20ml lukewarm water (as per local/hospital policy) before and after enteral feed and medications.
- Do not use dressings unless clinically indicated.
- The water level in the balloon should be checked regularly, for example weekly. If there is less than 5ml, check the orange valve for leakages and check the fill volume again in 24 hours. Refill the balloon with 5 ml sterile water or boiled and cooled water. Your local healthcare professional can show you how to do this or will do it for you.
- If tube becomes blocked the tube must be replaced.
- Do not use force to try and unblock the tube.
- **Do not** put anything down the tube other than feed, water and medication in liquid form.
- Rotate the tube 360° daily.
- Once stoma tract has healed, the fixation device can be moved for cleaning. However it should be returned back to its original position (approx 1cm away from skin) to prevent migration/movement.

It is recommended to replace the balloon tube after 90 days with a new balloon tube e.g. Freka® GastroTube or Freka® Belly Button.

* after placement

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