

Freka® Surgical Jejunostomy

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a jejunal feeding tube placed in theatre. The fixation triangle is secured with sutures which **must** remain in situ for the life of the tube.
- The area where the tube enters the jejunum is called the stoma site.

> Initial Care:*

- The stoma site underneath the fixation plate can be cleaned using an applicator and a disinfectant, dry well without removing the fixation plate.
- Water/feeding can be commenced immediately after placement. The dosage of nutrition should be increased gradually. Refer to your individual feeding regimen
- If there is localised swelling, stop feeding and report to your healthcare professional.
- Cover the stoma site with a compress and plaster

> Daily Care:

- Clean the stoma site, avoid disturbing sutures, and ensure adequate drying. Renew dressing as required.
- Observe the stoma site daily for any leakage, swelling, redness or irritation; report any problems to your local healthcare professional.
- Check the sutures remain intact and report any problems to your healthcare professional.
- Flush tube with 20ml lukewarm water (as per local/hospital policy) before and after enteral feed and medications.
- **Do not** rotate or advance tube to avoid displacement.
- If tube becomes blocked, **do not** use force to try and unblock it. Inform your local healthcare professional if the tube remains blocked.
- If the tube becomes displaced (dislodged out of place) **do not** use tube and inform your local healthcare professional.
- Do not put anything down the tube other than feed, water and medications in a liquid form.

* after placement

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