



Expert Round

Inspire your daily practice

BY
INVITATION
ONLY

6TH September 2026, 12:30 - 13:30 48th

ESPEN Congress, Berlin, Germany

Fresenius Kabi Hospitality Suite, Room XV

Join our Expert Round:

Nutritional Priorities in Older Adults: From Muscle Health to Swallowing Function

Targeted Nutrients and ONS Strategies for Frailty and Sarcopenia

Alfonso Cruz-Jentoft, MD, PhD (Spain)



Geriatric Dysphagia Along the Continuum of Care:

The Role of Early Nutrition Intervention

Charlotte Cole, RD (United Kingdom)



Discuss, learn,
and discover

Focus on medical nutrition