

Apply by 24th November 2025

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What inspired our Fellowship?

Clinical Nutrition plays a crucial role in improving patient outcomes, reducing complications, and shortening hospital stays. Despite its importance, many institutions across Latin America and Canada face challenges in standardizing and implementing high-quality nutritional practices.

To address this gap, the United for Clinical Nutrition Fellowship Program was created to strengthen regional collaboration, facilitate knowledge exchange, and build capacity among multidisciplinary Nutrition Therapy Teams (NTTs).

The program also aims to promote the exchange of experiences and the practical discussion of highly relevant topics for NTTs, encouraging a shared learning environment and practical improvement in clinical nutrition practices.

Who can join the Fellowship Program?



Canada



Mexico



Colombia



Argentina



Brazil



Peru



Ecuador



Chile



Why the United for Clinical Nutrition Fellowship matters?



This program equips healthcare professionals with immersive, hands-on exposure to best practices in clinical nutrition.

Starting with online preparatory educational sessions and followed by an immersive week at **Hospital Albert Einstein in São Paulo, Brazil**, participants will engage and explore:

- Advanced nutrition protocols,
- Multidisciplinary teams dynamics,
- Discussions on quality improvement projects for your home institution

Upon returning to their institutions, teams will apply what they've learned by implementing quality improvement projects, supported through ongoing mentorship. These initiatives will be evaluated for their impact, long-term viability, and potential for broader application.

This fellowship is more than a training program—it is a catalyst for collaboration, innovation, and sustainable improvements in nutrition therapy across the region.

About our Scientific Committee

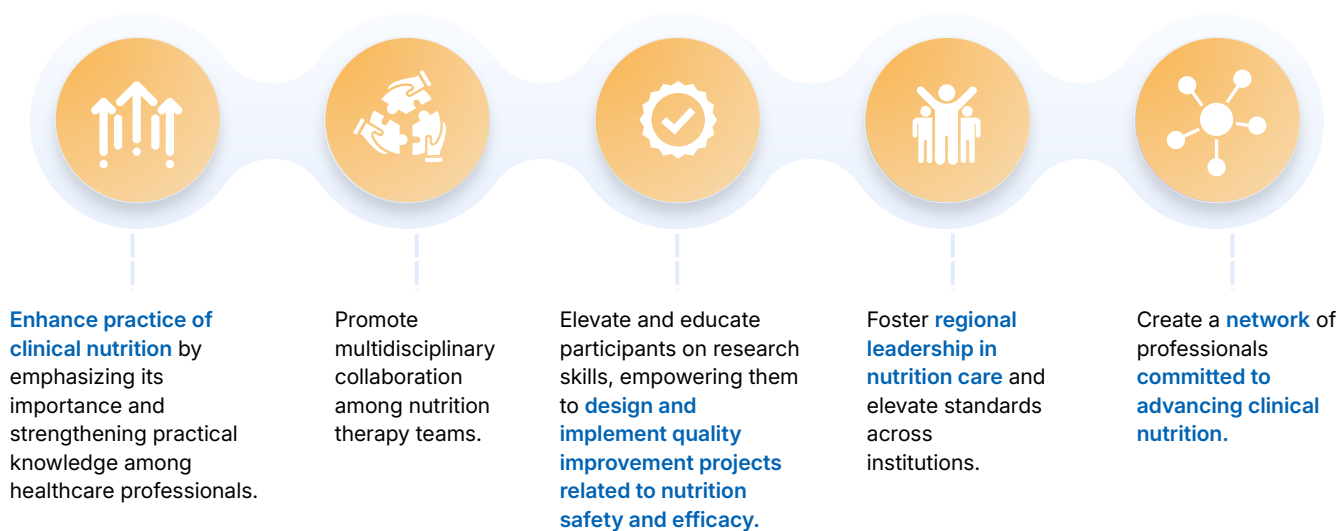
The scientific committee brings together **11 experts from Latin America, Canada, and Europe**, representing a range of disciplines. They will be involved throughout the program, providing guidance and support at each stage.



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Objectives of the Fellowship Program



Key steps in our Fellowship Program:

- 1. Application & Selection:**
Multidisciplinary teams apply completing the application form with CVs, motivation letter, institutional details, and a draft project proposal.
- 2. Selection of 9 NTTs:**
3 members of the NTTs (physician, dietitian and nurse) will be included based on structured criteria evaluating feasibility, impact, and interdisciplinary engagement of their project proposal.
- 3. Preparatory Online Learning:**
Prior to the fellowship week, selected teams will participate in online preparatory sessions covering key clinical nutrition topics. These sessions aim to equip participants with foundational knowledge and ensure meaningful engagement during the on-site activities.
- 4. Fellowship Week at Albert Einstein:**
Four-day intensive program including lectures, workshops, and bedside clinical rounds.
- 5. Project Implementation Phase (6 Months):**
Teams execute their proposed quality or safety improvement project in their institution.
- 6. Project Audit (after 6 months):**
Selected members from the scientific committee to audit and assess project implementation at the institution.
- 7. Evaluation Phase (6 Months):**
NTTs collect and analyze results from project implementation.
- 8. Final Project presentation:**
NTTs will present project results to scientific committee.
- 9. Recognition & Dissemination:**
Selected projects will be presented at regional or international conferences.

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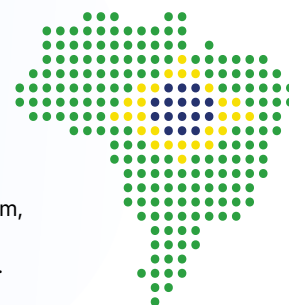
Benefits of applying

- 1 Enhanced clinical nutrition expertise.
- 2 Immersive training at one of Latin America's leading hospitals.
- 3 Direct mentorship and peer exchange opportunities.
- 4 Strengthened visibility and institutional credibility in nutrition
- 5 Recognition of project outcomes on international platforms.



What the Fellowship Program includes?

- ✓ Full sponsorship of the program.
- ✓ Pre-reading and online preparatory course covering key clinical nutrition topics prior to the fellowship week.
- ✓ Reasonable travel costs including flights, accommodation, and local transport during the stay in São Paulo. All meals will also be covered.
- ✓ 4-day on-site learning program at Hospital Albert Einstein, including:
 - ✓ Expert-led lectures, hands-on workshops, bedside rounds with the nutrition care team, networking sessions with clinical leaders
 - ✓ Ongoing mentorship for project implementation during the 6-month follow-up phase.
 - ✓ Opportunity for recognition and awards for the best-performing projects, to be presented at local and international conferences.



Information and Outline About the Project – Examples

Each selected team is required to design and implement a project focused on improving quality and safety in nutrition therapy. Example project themes include:



Monitoring prescribed vs. infused volume of enteral/parenteral nutrition*.
*See the example structure document)



Enhancing interdisciplinary communication in nutrition therapy planning.



Implement a new protocol e.g. indication of supplemental parenteral nutrition.



Improving nutritional screening and assessment processes.



Reducing interruptions in enteral nutrition delivery

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How the project will be assessed?

Projects will be evaluated using a structured audit tool covering:

Feasibility and adherence to original objectives.

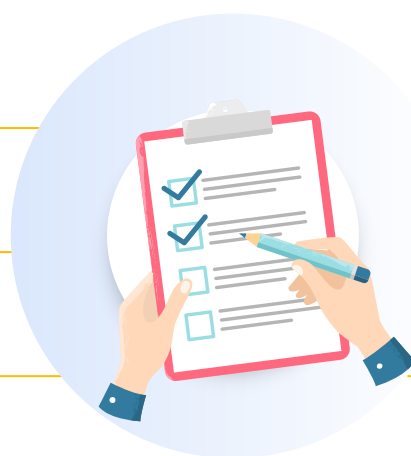
Measurable impact on clinical practice and patient outcomes.

Sustainability and scalability of the project.

Engagement of the multidisciplinary team.

Quality of data collection and outcome analysis.

Clarity and structure of final report.



- ✓ The scientific committee will conduct an **on-site audit** to validate the implementation and outcomes of each project.
- ✓ Following the final project presentations, the most impactful initiatives will be selected for **presentation at regional or international congresses**.



What our Fellowship does not include:

- This Fellowship Program does not include or cover any expenses incurred by the NTTs institution.
- The costs for implementation of the Project at the NTTs institution will not be covered by the Fellowship Program.