

Freka[®] Surgical Jejunostomy

Aftercare Sheet

Name	
Tube Size	
Date of Placement	

> General Information:

- The tube in situ is a Jejunal feeding tube placed in theatre. The fixation triangle is secured with sutures which **must** remain in situ for the life of the tube.
- The area where the tube enters the jejunum is called the stoma site.

> Initial Care:*

- A keyhole dressing may be applied, as per hospital policy. The stoma site can be cleaned using 0.9% saline solution.
- Water/feeding is usually commenced 6-12 hours after placement. Refer to individual feeding regimen.
- If the patient complains of pain or there is localised swelling, stop feeding and report to your healthcare professional.
- Flush tube with water (as per local/hospital policy), to check the patency of the tube after placement.

> Daily Care:

- Hygiene is of the utmost importance as the tube is in the small bowel; here there is no acid barrier as protection.
- Clean stoma site avoiding disturbing sutures with mild soap and water and ensure adequate drying, also renew dressing as required.

- Observe the stoma site daily for any leakage, swelling, redness or irritation; report any problems to your local healthcare professional. Some clear fluid may be present - this is normal.
- Continue to observe stoma site checking sutures are intact and report any problems to your healthcare professional.
- Flush tube with water (as per local/hospital policy) before, during and after enteral feed and medications.
- **Do not** rotate or advance tube to avoid displacement.
- If tube becomes blocked use warm/carbonated/soda water and refer to local policy of applicable.
- **Do not** flush using force. If tube remains blocked inform your local healthcare professional.
- If the tube becomes displaced (dislodged out of place) **do not** use tube and inform your local healthcare professional.
- If jejunal end becomes damaged contact your local healthcare professional for replacement.
- Do not put anything down the tube other than feed, water and medications in liquid form.
- Always check medications can be given by the jejunal route and liaise with pharmacist if required.

* after placement

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